### **GROUP THERAPY**



#### SOCIAL SKILLS GROUPS

Our groups teach specific social skills through direct instruction, modeling, and hands on activities.

Ages: 4-16 year olds. Placement is based on age and developmental level.

Please contact Dr. Lauren Brown for additional information.

### ADOLESCENT GIRLS GROUPS

Designed to give girls an opportunity to feel connected, while exploring issues and gaining self-awareness. A few of the topics will be self-esteem, self-identity, friendships, and decision-making.

Please contact Dr. Lauren Brown for additional information.

If you have a specific group request, we would love to hear about it!





# BRANDON AREA PSYCHOLOGY ASSOCIATES, LLC

Office: 813.774.3264 Fax: 813.600.5503

Valarie Kager, Ph.D.

Phone: 813.655.5550

Bulent Dincer, Psy.D. Phone: 813.298.0320

Laura Dincer, Psy.D. Phone: 813.569.0757

Kimberly Miller, Psy.D. Phone: 813.708.9157

Jessica Mahoney, Psy.D. Phone: 813.774.8852

Amanda Wagner, M.ED., ED.S., LMFT

Phone: 813.708.1165

Daniela Venosa, Psy.D. Phone: 813.774.5370

Erica Willer, LMFT, CAP, SAP

Phone: 813.774.3412

Jeannine Jones, Ed.D., LMHC

Phone: 813.863.9269

Lauren Brown, Psy.D.

Phone: 813.701.3154





Brandon Area Psychology Associates, LLC is a shared practice location composed of a group of independent practitioners who have experience, training, and skill in numerous areas within the field of psychology.

Our mission is to empower the children, adults, and families of our community by providing services that enhance their emotional well-being and strengthen their relationships. We are dedicated to the highest ethical standards and treat each client with dignity and respect.

BRANDON AREA PSYCHOLOGY
ASSOCIATES, LLC

3457 Brook Crossing Dr. Brandon, Florida 33511

# Treatment Specialities



- \* Attention Deficit/Hyperactivity Disorder
- \* Anxiety
- \* Autism Spectrum Disorder
- \* Behavioral Issues
- \* Couples
- \* Depression
- \* Divorce and Separation
- Developmental Delay
- \* Eating Disorders
- \* Gifted Evaluation
- \* Grief and Loss
- \* Military Deployment Issues
- \* Obsessive-Compulsive Disorder (OCD)
- \* Parenting Skills
- \* Psychological Assessments
- \* School Difficulties
- \* Social Skills Training
- \* Substance Abuse
- \* Teen Issues
- \* Trauma



## BRANDON AREA PSYCHOLOGY ASSOCIATES



For additional information about our providers, please visit our website <a href="https://www.brandonareapsychology.com">www.brandonareapsychology.com</a>





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Erica Willer, LMFT, CAP, SAP



Lauren Brown, Psy.D. Psychology Resident



Melissa Matos Office Assistant