

# Girls Group

*The group is designed to give girls an opportunity to feel connected, while exploring issues and gaining self-awareness.*

*Friendships  
and  
Relationships*

*Decision  
Making*

*Self-  
Esteem*

*Stress  
and  
Emotions*

*Self-Identity  
and Body  
Image*



For additional information and pricing, please call **Dr. Lauren Brown**, Psychology Resident, with the Brandon Area Psychology Associates, LLC. at **(813) 701-3154** to discuss further details.  
[www.brandonareapsychology.com](http://www.brandonareapsychology.com)